

## Howells-Dodge Jaguars Track & Field

### BOYS - Top 5 performances since 2013

	Overall	Year	Seniors	Juniors	Sophomores	Freshmen	
<b>Long Jump</b>							
1	Jesse Faltys	21'6.25	2014	Tyler Brichacek 19'10	Jesse Faltys 21'6.25	Jesse Faltys 20'1.5 Mitch Yosten 17'5.5	
2	Tyler Brichacek	19'10	2016	Josh Brester 19'3	Darrin Pokorny 19'8.5	Tyler Brichacek 19'5 Luke Rocheford 17'2.75	
3	Darrin Pokorny	19'8.5	2019	Casey Wisnieski 19'2.5	Kade Hegemann 19'5.5	Darrin Pokorny 19'2 Jon Yosten 17'1.75	
4	Kade Hegemann	19'5.5	2018	Gavin Hays 19'1	Mitch Yosten 18'5	Kade Hegemann 19'0.5 Caden Jackson 16'10	
5	Josh Brester	19'3	2019	Mitch Yosten 18'11.75	Tyler Polacek 18.3.5	Jon Yosten 18'9 Jordon Brichacek 16'10	
<b>Triple Jump</b>							
1	Jesse Faltys	43'4.5	2014	Casey Wisnieski 41'10	Jesse Faltys 43'4.5	Jesse Faltys 41'9 Luke Rocheford 38'6	
2	Casey Wisnieski	41'10	2014	Josh Brester 38'3	Luke Hegemann 38'2.25	Luke Rocheford 41'2.5 Jon Yosten 35'11	
3	Luke Rocheford	41'2.5	2018		Seth Novak 37'11	Kade Hegemann 38'5.25 Charlie Dvorak 35'10.75	
4	Jon Yosten	38'7.5	2016		Jon Yosten 37'8	Jon Yosten 38'7.5 Matt Cada 35'8.5	
5	Kade Hegemann	38'5.25	2017		Kade Hegemann 37'7.5	Seth Novak 37'0 Mitch Yosten 35'1	
<b>High Jump</b>							
1	Tyler Brichacek	5'10	2016	Tyler Brichacek 5'10	Caden Jackson 5'8	Caden Jackson 5'9 Caden Jackson 5'4	
2	Caden Jackson	5'9	2017		Casey Wisnieski 5'2	Tyler Brichacek 5'8 Blake Sindelar 5'2	
3	Luke Rocheford	5'4	2018		Josh Brester 5'2	Justin Shonka 5'4 Lane Hegemann 5'2	
4	Justin Shonka	5'4	2015			Josh Brester 5'4 Tyler Brichacek 5'2	
5	Josh Brester	5'4	2017			Luke Rocheford 5'4 Matt Cada 5'2	
<b>Shot Put</b>							
1	Nathan Bazata	61'5.5	2013	Nathan Bazata 61'5.5	Zach Bayer 45'1	Dylan Kucera 49'3 Dylan Kucera 46'0.5	
2	Dylan Kucera	49'3	2016	Luke Hegemann 47'8	Lane Hegemann 44'6.25	Lane Hegemann 40'5 Zach Bayer 38'6	
3	Luke Hegemann	47'8	2014	Kyle Sayers 44'4	Mitch Prusa 42'1	Kyle Pickhinke 39'4 Kyle Pickhinke 37'2	
4	Zach Bayer	45'1	2016	Marcus Love 44'2.25	Danny Widhelm 41'1	Zach Bayer 38'6 Evan Haas 33'7	
5	Lane Hegemann	44'6.25	2018	Mitchel Prusa 43'0		Ryan Macholan 36'6.5 Jacob Hegemann 32'5	
<b>Discus</b>							
1	Logan Kampschnieder	167'6	2013	Logan Kampschnieder 167'6	Lane Hegemann 134'3	Dylan Kucera 149'1 Dylan Kucera 126'3	
2	Nathan Bazata	149'9	2013	Nathan Bazata 149'9	Mitch Prusa 126'11	Ryan Macholan 128'5 RJ Bayer 117'0	
3	Dylan Kucera	149'1	2016	Marcus Love 140'7	Luke Hegemann 126'1	Lane Hegemann 120'8 Evan Haas 114'9	
4	Marcus Love	140'7	2017	Mitch Prusa 139'9	Mitch Yosten 101'4	Mitch Yosten 104'3 Ryan Macholan 102'9	
5	Mitch Prusa	139'9	2016	Luke Hegemann 137'10	Zach Bayer 95'9	Mitch Prusa 103'4 Mitch Yosten 95'10	
<b>110 HH</b>							
1	Casey Wisnieski	16.27	2014	Casey Wisnieski 16.27	Casey Wisnieski 17.0		Darrin Pokorny 19.4
2	Darrin Pokorny	18.9	2019		Darrin Pokorny 18.9		Gavin Hays 19.6
3	Gavin Hays	19.6	2013				Chris Palm 22.2
4	Chris Palm	22.2	2013				
5							
<b>300 IH</b>							
1	Casey Wisnieski	43.8	2014	Casey Wisnieski 43.8	Casey Wisnieski 46.3	Darrin Pokorny 47.2	Gavin Hays 48.6
2	Darrin Pokorny	45.18	2019		Darrin Pokorny 45.18	Caden Jackson 47.2	Matt Cada 48.6
3	Caden Jackson	47.2	2016		Caden Jackson 49.0	Jon Yosten 47.8	Blake Sindelar 49.44
4	Jon Yosten	47.8	2016			Matt Cada 47.8	Darin Pokorny 49.4
5	Matt Cada	47.8	2017			Dax VanLengen 54.1	Caden Jackson 51.2
<b>55 Meter Dash</b>							
1				Luke Renter 6.89	Casey Wisnieski 8.93	2016	80.36
2				Tyler Polacek 7.02	Darrin Pokorny 10.64	2015	83.43
3				Luke Rocheford 7.05	Matt Cada 10.78	2013	85.55
4				Jordon Brichacek 7.09	Chris Palm 14.11	2014	85.92
5				Jesse Faltys 7.30		2017	95.0
<b>55 Meter HH</b>							
<b>4 X 1 Lap Relay</b>							

