

## Howells-Dodge Jaguars Track & Field

### BOYS - Top 5 performances since 2013

Overall	Year	Seniors	Juniors	Sophomores	Freshmen				
<b>Long Jump</b>									
1	Jesse Faltys	21'6.25	2014	Tyler Brichacek 19'10	Jesse Faltys 21'6.25	Jesse Faltys 20'1.5	Mitch Yosten 17'5.5		
2	Tyler Brichacek	19'10	2016	Josh Brester 19'3	Darrin Pokorny 19'8.5	Tyler Brichacek 19'5	Luke Rocheford 17'2.75		
3	Darrin Pokorny	19'8.5	2019	Casey Wisnieski 19'2.5	Kade Hegemann 19'5.5	Darrin Pokorny 19'2	Jon Yosten 17'1.75		
4	Kade Hegemann	19'5.5	2018	Gavin Hays 19'1	Mitch Yosten 18'5	Kade Hegemann 19'0.5	Caden Jackson 16'10		
5	Josh Brester	19'3	2019	Mitch Yosten 18'11.75	Tyler Polacek 18.3.5	Lance Brester 18'9.5	Oscar Dominguez 16'10		
<b>Triple Jump</b>									
1	Jesse Faltys	43'4.5	2014	Casey Wisnieski 41'10	Jesse Faltys 43'4.5	Jesse Faltys 41'9	Luke Rocheford 38'6		
2	Casey Wisnieski	41'10	2014	Josh Brester 38'3	Luke Hegemann 38'2.25	Luke Rocheford 41'2.5	Jon Yosten 35'11		
3	Luke Rocheford	41'2.5	2018		Seth Novak 37'11	Kade Hegemann 38'5.25	Charlie Dvorak 35'10.75		
4	Jon Yosten	38'7.5	2016		Jon Yosten 37'8	Jon Yosten 38'7.5	Matt Cada 35'8.5		
5	Kade Hegemann	38'5.25	2017		Kade Hegemann 37'7.5	Seth Novak 37'0	Mitch Yosten 35'1		
<b>High Jump</b>									
1	Lance Brester	5'11	2021	Tyler Brichacek 5'10	Caden Jackson 5'8	Lance Brester 5'11	Caden Jackson 5'4		
2	Tyler Brichacek	5'10	2016		Casey Wisnieski 5'2	Caden Jackson 5'9	Blake Sindelar 5'2		
3	Caden Jackson	5'9	2017		Josh Brester 5'2	Tyler Brichacek 5'8	Lane Belina 5'2		
4	Aandy Dominguez	5'8	2021			Aandy Dominguez 5'8	Tyler Brichacek 5'2		
5	Luke Rocheford	5'4	2018			Luke Rocheford 5'4	Matt Cada 5'2		
<b>Shot Put</b>									
1	Nathan Bazata	61'5.5	2013	Nathan Bazata 61'5.5	Zach Bayer 45'1	Dylan Kucera 49'3	Dylan Kucera 46'0.5		
2	Dylan Kucera	49'3	2016	Luke Hegemann 47'8	Lane Hegemann 44'6.25	Jestin Bayer 43'9.5	Zach Bayer 38'6		
3	Luke Hegemann	47'8	2014	Kyle Sayers 44'4	Mitch Prusa 42'1	Lane Hegemann 40'5	Kyle Pickhinke 37'2		
4	Zach Bayer	45'1	2016	Marcus Love 44'2.25	Evan Haas 41'5	Kyle Pickhinke 39'4	Evan Haas 33'7		
5	Lane Hegemann	44'6.25	2018	Mitchel Prusa 43'0	Danny Widhelm 41'1	Zach Bayer 38'6	Nathan Hegemann 33'7		
<b>Discus</b>									
1	Logan Kampschnieder	167'6	2013	Logan Kampschnieder 167'6	Lane Hegemann 134'3	Dylan Kucera 149'1	Nathan Hegemann 135'7		
2	Nathan Bazata	149'9	2013	Nathan Bazata 149'9	RJ Bayer 132'9	Ryan Macholan 128'5	Dylan Kucera 126'3		
3	Dylan Kucera	149'1	2016	Marcus Love 140'7	Evan Haas 132'7	Lane Hegemann 120'8	RJ Bayer 117'0		
4	Marcus Love	140'7	2017	Mitch Prusa 139'9	Mitch Prusa 126'11	Mitch Yosten 104'3	Evan Haas 114'9		
5	Mitch Prusa	139'9	2016	Luke Hegemann 137'10	Luke Hegemann 126'1	Mitch Prusa 103'4	Ryan Macholan 102'9		
<b>110 HH</b>									
1	Casey Wisnieski	16.27	2014	Casey Wisnieski 16.27	Casey Wisnieski 17.0	Lance Brester 16.31	Lane Belina 17.10		
2	Lance Brester	16.31	2021		Darrin Pokorny 18.9		Darrin Pokorny 19.4		
3	Lane Belina	17.10	2021				Gavin Hays 19.6		
4	Darrin Pokorny	18.9	2019				Chris Palm 22.2		
5	Gavin Hays	19.6	2013						
<b>300 IH</b>									
1	Casey Wisnieski	43.8	2014	Casey Wisnieski 43.8	Casey Wisnieski 46.3	Lance Brester 44.24	Lane Belina 45.69		
2	Lance Brester	44.24	2021		Darrin Pokorny 45.18	Darrin Pokorny 47.2	Gavin Hays 48.6		
3	Darrin Pokorny	45.18	2019		Caden Jackson 49.0	Caden Jackson 47.2	Matt Cada 48.6		
4	Lane Belina	45.69	2021			Jon Yosten 47.8	Blake Sindelar 49.44		
5	Caden Jackson	47.2	2016			Matt Cada 47.8	Darin Pokorny 49.4		
<b>55 Meter Dash</b>		<b>55 Meter HH</b>		<b>60 Meter Dash</b>		<b>60 Meter HH</b>			
1		Luke Renter	6.89	Casey Wisnieski	8.93	Jestin Bayer	7.85	Lance Brester	9:47
2		Tyler Polacek	7.02	Darrin Pokorny	10.64	Lane Belina	8.54	Lane Belina	11.29
3		Luke Rocheford	7.05	Matt Cada	10.78	Oscar Dominguez	8.97		
4		Jordon Brichacek	7.09	Chris Palm	14.11				
5		Jesse Faltys	7.30						

	Overall	Year	Seniors	Juniors	Sophomores	Freshmen		
<b>100</b>								
1	<b>Luke Renter</b>	<b>10.8</b>	<b>2016</b>	Luke Renter 10.8	Luke Renter 11.3	Luke Rocheford 11.0	Luke Rocheford 11.6	
2	<b>Luke Rocheford</b>	<b>11.0</b>	<b>2018</b>	Tyler Polacek 11.4	Jordon Brichacek 11.4	Jordon Brichacek 11.3	Jordon Brichacek 11.8	
3	<b>Jordon Brichacek</b>	<b>11.3</b>	<b>2016</b>	Gavin Hays 11.9	Tyler Polacek 11.6	Luke Renter 11.6	Matt Cada 12.2	
4	<b>Tyler Polacek</b>	<b>11.4</b>	<b>2016</b>	Gaute Gunleiksrud 12.36	Jesse Faltys 11.8	Jestin Bayer 11.96	Luke Renter 12.2	
5	<b>Jestin Bayer</b>	<b>11.96</b>	<b>2021</b>	Jordon B & Jon Y 12.2	Matt Cada 12.2	Jesse Faltys 11.9	Lane Belina 12.73	
<b>200</b>								
1	<b>Luke Rocheford</b>	<b>23.59</b>	<b>2018</b>	Luke Renter 23.5	Luke Renter 24.5	Luke Rocheford 23.59	Luke Rocheford 24.0	
2	<b>Luke Renter</b>	<b>23.5</b>	<b>2016</b>	Ben Kuehn 24.19	Levi Belina 24.78	Jordon Brichacek 23.7	RJ Bayer 25.17	
3	<b>Jordon Brichacek</b>	<b>23.7</b>	<b>2016</b>	Brady Brester 24.1	Caden Jackson 25.27	Aandy Dominguez 24.76	Luke Renter 25.2	
4	<b>Ben Kuehn</b>	<b>24.19</b>	<b>2014</b>	Gavin Hays 24.2	Kade Hegemann 26.28	Luke Renter 24.7	Trevor Schumacher 26.0	
5	<b>Brady Brester</b>	<b>24.1</b>	<b>2013</b>	Gaute Gunleiksrud 25.1	Matt Cada 26.55	Jestin Bayer 25.89	Colton Klosen 26.0	
<b>400</b>								
1	<b>Brady Brester</b>	<b>52.8</b>	<b>2013</b>	Brady Brester 52.8	Ben Kuehn 55.7	Caleb Perrin 56.34	RJ Bayer 56.32	
2	<b>Tyler Polacek</b>	<b>54.5</b>	<b>2015</b>	Tyler Polacek 54.5	RJ Bayer 56.09	Tyler Polacek 56.9	Trevor Schumacher 58.4	
3	<b>Josh Brester</b>	<b>55.63</b>	<b>2019</b>	Josh Brester 55.63	Tyler Polacek 56.0	Jestin Bayer 58.1	Matt Cada 59.0	
4	<b>Ben Kuehn</b>	<b>55.7</b>	<b>2013</b>	Mitch Yosten 59.5	Josh Brester 57.22	Aiden Meyer 58.70	Levi Belina 59.1	
5	<b>RJ Bayer</b>	<b>56.09</b>	<b>2021</b>	Zav Lee 76.1	Levi Belina 57.3	Josh Brester 58.6	Colton Klosen 59.43	
<b>800</b>								
1	<b>Josh Brester</b>	<b>2:08.20</b>	<b>2019</b>	Josh Brester 2:08.20	Josh Brester 2:09.85	Dax VanLengen 2:16.1	Tyler Polacek 2:20.5	
2	<b>Austin Steffensmeier</b>	<b>2:13.5</b>	<b>2019</b>		Austin Steffensmeier 2:13.5	Aiden Meyer 2:16.82	Josh Brester 2:23.0	
3	<b>Dax VanLengen</b>	<b>2:14.7</b>	<b>2017</b>		Dax VanLengen 2:14.7	Tyler Polacek 2:16.8	Austin Steffensmeier 2:26.9	
4	<b>Aiden Meyer</b>	<b>2:16.82</b>	<b>2021</b>		Jonathan Laner 2:38.5	Austin Steffensmeier 2:19.92	Colton Klosen 2:28.60	
5	<b>Tyler Polacek</b>	<b>2:16.8</b>	<b>2014</b>			Braden Martin 2:49.76	Gage Stutzman 2:32.9	
<b>1600</b>								
1	<b>Gage Stutzman</b>	<b>5:05.55</b>	<b>2021</b>		Austin Steffensmeier 5:14.0	Austin Steffensmeier 5:11.0	Gage Stutzman 5:05.55	
2	<b>Austin Steffensmeier</b>	<b>5:11.0</b>	<b>2018</b>		Dax VanLengen 5:16.5	Aiden Meyer 5:37.0	Blake Sindelar 5:16.18	
3	<b>Blake Sindelar</b>	<b>5:16.18</b>	<b>2019</b>			Dax VanLengen 5:39.80	Josh Brester 5:19.4	
4	<b>Dax VanLengen</b>	<b>5:16.5</b>	<b>2017</b>			Mike Balsley 5:45.2	Dax VanLengen 5:19.6	
5	<b>Josh Brester</b>	<b>5:19.4</b>	<b>2016</b>			Jonathan Laner 5:55.8	Austin Steffensmeier 5:39.48	
<b>3200</b>								
1	<b>Gage Stutzman</b>	<b>11:10.38</b>	<b>2021</b>		Mike Balsley 12:30.4	Mike Balsley 12:01.8	Gage Stutzman 11:10.38	
2	<b>Dax VanLengen</b>	<b>11:59.5</b>	<b>2015</b>			Dax VanLengen 13:08.0	Dax VanLengen 11:59.5	
3	<b>Mike Balsley</b>	<b>12:01.8</b>	<b>2017</b>			Jonathan Laner 13:35.2	Mike Balsley 12:44.5	
4	<b>Austin Steffensmeier</b>	<b>12:47.8</b>	<b>2017</b>				Austin Steffensmeier 12:47.8	
5	<b>Jonathan Laner</b>	<b>13:35.2</b>	<b>2014</b>					
<b>4 X 400 Relay Split</b>								
1	<b>Brady Brester</b>	<b>53.8</b>	<b>2013</b>	Brady Brester 53.8	Darrin Pokorny 56.3	Caleb Perrin 56.1	RJ Bayer 56.1	
2	<b>Josh Brester</b>	<b>54.5</b>	<b>2019</b>	Josh Brester 54.5	Blake Sindelar 56.6	Jestin Bayer 56.1	Jordon Brichacek 58.5	
3	<b>RJ Bayer</b>	<b>56.1</b>	<b>2019</b>	Mitch Yosten 57.2	Luke Hegemann 56.9	Lance Brester 57.4	Levi Belina 58.8	
4	<b>Caleb Perrin</b>	<b>56.1</b>	<b>2021</b>	Gaute Gunleiksrud 58.7	Josh Brester 56.9	Aiden Meyer 58.1	Trevor Schumacher 59.4	
5	<b>Jestin Bayer</b>	<b>56.1</b>	<b>2021</b>	Marcus Love 63.5	Levi Belina 57.2	Josh Brester 58.1	Colton Klosen 59.5	
<b>4 X 800 Relay Split</b>								
1	<b>Josh Brester</b>	<b>2:07.0</b>	<b>2018</b>	Josh Brester 2:08.3	Josh Brester 2:07.0	Lance Brester 2:10.9	Levi Belina 2:14.4	
2	<b>Blake Sindelar</b>	<b>2:08.7</b>	<b>2021</b>	Gaute Gunleiksrud 2:29.7	Blake Sindelar 2:08.7	Josh Brester 2:14.1	Blake Sindelar 2:15.4	
3	<b>Levi Belina</b>	<b>2:10.0</b>	<b>2021</b>		Levi Belina 2:10.0	Caleb Perrin 2:15.7	RJ Bayer 2:17.8	
4	<b>Lance Brester</b>	<b>2:10.9</b>	<b>2021</b>		Austin Steffensmeier 2:12.8	Aiden Meyer 2:15.8	Gage Stutzman 2:20.4	
5	<b>Austin Steffensmeier</b>	<b>2:12.8</b>	<b>2019</b>		Dax VanLengen 2:15.6	Austin Steffensmeier 2:16.1	Matt Cada 2:22.3	
<b>4 X 100 Relay</b>								
1			2016	44.7	2019	3:46.56	2021	8:58.50
2			2014	46.0	2013	3:46.7	2019	8:58.63
3			2018	46.4	2021	3:47.52	2018	9:10.98
4			2013	47.2	2018	3:54.36	2017	9:15.6
5			2017	47.3	2017	3:57.4	2016	9:32.0