

EHC Track & Field

SCHEDULE OF FIELD EVENTS

SATURDAY @ 9:00 AM

BOYS SHOT PUT, BOYS LONG JUMP, BOYS POLE VAULT
GIRLS DISCUS, GIRLS HIGH JUMP, GIRLS TRIPLE JUMP

SATURDAY @ 10:30 AM

GIRLS SHOT PUT, GIRLS LONG JUMP, GIRLS POLE VAULT
BOYS DISCUS, BOYS HIGH JUMP, BOYS TRIPLE JUMP

SCHEDULE OF RUNNING EVENTS

(12:00 PM PRELIMS)

3200 M RELAY (FINAL)
100/110 M HIGH HURDLES
100 M DASH
400 M DASH (FINAL)
3200 M RUN (FINAL)
200 M DASH

(INTERMISSION/BREAK)

(Approx. 3:00 PM FINALS – 20 MINUTES AFTER LAST PRELIM) 100/110 M HIGH HURDLES
100 M DASH
800 M RUN
300 LOW/INTERMEDIATE HURDLES
200 M DASH
1600 M RUN
400 M RELAY
1600 M RELAY