

THANK YOU IN ADVANCE FOR YOUR ASSISTANCE AND GOOD LUCK TO ALL PARTICIPANTS!

Schedule of Events

1:30 PM Coaches Meeting – Under Pressbox

2:00 PM Field Events

Shot Put	Boys followed by Girls - (Prelims, Finals)
Discus	Girls followed by Boys - (Prelims, Finals)
Girls Jumps	Long followed by Triple (West pit) - 4 Jumps
Boys Jumps	Long followed by Triple (East pit) - 4 Jumps
High Jump	Boys followed by Girls
Pole Vault	Girls followed by Boys

4:00 PM Running Events

4 x 800 M Relay	Finals	Girls followed by Boys
100 M High Hurdles	Prelims	Girls
110 M High Hurdles	Prelims	Boys
100 M Dash	Prelims	Girls followed by Boys
400 M Dash	Finals	Girls followed by Boys
3200 M Run	Finals	Girls followed by Boys
200 M Dash	Prelims	Girls followed by Boys

Break if time permits (TBD)

100 M High Hurdles	Finals	Girls
110 M High Hurdles	Finals	Boys
100 M Dash	Finals	Girls followed by Boys
800 M Run	Finals	Girls followed by Boys
300 M Low Hurdles	Finals	Girls
300 M Int. Hurdles	Finals	Boys
200 M Dash	Finals	Girls followed by Boys
1600 M Run	Finals	Girls followed by Boys
4 x 100 M Relay	Finals	Girls followed by Boys
Throwers Relay 4x100	Finals	Girls followed by Boys - Non-Scoring
4 x 400 M Relay	Finals	Girls followed by Boys